

**SURVEY QUESTIONNAIRE FOR STUDENTS OF INTERNATIONAL EUROPEAN
UNIVERSITY**

«MORAL STATE OF STUDENTS»

1. Which institute are you studying in?

- European Medical School
- European School of Business

2. Which study program are you enrolled in?

First (Bachelor's) Level of Higher Education:

- Germanic Languages and Literatures (including translation), first language – English
- Psychology
- Management
- Digital Marketing
- Tourism and Hospitality
- Software Engineering
- Computer Science and Technology
- Information Systems and Technology

Second (Master's) Level of Higher Education:

- Management and Business Administration
- Marketing and Advertising Business
- Clinical Psychology
- Medicine

3. Please specify your year of study

- 1st year
- 2nd year
- 3rd year
- 4th year
- 5th year
- 6th year

4. Please specify your gender:

- Male
- Female

		Moderately Worse	A Little Worse	No Change	A Little Improved	Significantly Improved
5.	Since beginning medical school, how has your general psychological health changed?					

6.	Since beginning medical school, how has your general psychological health changed?					
7.	Which do you consider this to be?					

		Very Satisfied	Somewhat Satisfied	Indifferent	Somewhat Dissatisfied	Very Dissatisfied
8.	Currently, how satisfied are you with your medical school training experiences?					

		Yes	No
9.	Have you been negatively affected by others during your studies? (e.g., emotional difficulties, disruptive behavior, etc.)		
10.	Have you expressed concern about the inappropriate behavior of other students during medical training?		
11.	Have you witnessed bullying or other inappropriate behavior towards other students?		
12.	Are you aware of the availability of free psychological support at the university?		
13.	Have you used the services of the university psychologist?		
14.	Did the university psychologist help you solve your problem?		

12.	Factors That Most Affect Stress Levels	A lot	A moderate amount	A little	Not at all
	Exposure to human suffering				
	Other medical condition				
	Psychological/psychiatric condition				
	Financial difficulties				
	Family demands				
	Romantic relationship management				
	Conflicts in work-life balance				
	Time spent commuting				
	Competition with peers				
	Poor time-management skills				

	Inadequate study habits				
	Academic workload				
	Martial law in the country, shelling, power outages, etc. (for students staying in Ukraine)				

13. Please indicate the level of stress you are currently experiencing:

- Severe, and debilitating
- Significant, but manageable
- Moderate
- Mild
- None

		Extremely happy	Moderately happy	Somewhat unhappy	Extremely unhappy
14.	What was your level of happiness when you entered the university?				
15.	How would you rate your level of happiness at the moment?				

16. Have you recently questioned whether you really want to be a doctor?

- Yes
- No

16.1 Why?

- Health issues. Constant stress and lack of time for rest have led to a deterioration in my physical and mental health.
- Financial difficulties. The high cost of education and the need to pay for additional courses and materials make studying financially burdensome.
- Personal life suffers due to studies. There is almost no balance between studies and personal life, which negatively affects my relationships with loved ones.
- Struggling with academic performance. Difficulty grasping complex material and feeling like I am not keeping up with the program have made me consider changing directions.
- Doubts about the right career choice. Uncertainty about whether medicine is truly my calling and whether I can handle the responsibility associated with this profession.
- Feeling burnt out. The constant academic workload, night shifts, and lack of time for rest have led to a sense of exhaustion and loss of motivation.
- High levels of stress and constant pressure. The study requires a lot of emotional and physical strain, which sometimes becomes unbearable.

17. Your suggestions for improving the health and well-being of students:

Your answer: _____